

Adult Adaptive Programs

SPRING FLING

Start Spring off right dancing to the fun beats of our local DJ. Have fun meeting new friends and dancing the afternoon away. This event is designed for youth and adults with disabilities. There is no charge for parents or caregivers to stay at the event.

Instructor: CRC Staff and Volunteers

Location: Centennial Recreation Center, Multipurpose Room

| Activity# | Date | Day | Time | Age | Sessions |
|-----------|------|-----|---------|-----|----------|
| 2600.101 | 3/26 | F | 6pm-9pm | 12+ | 1 |

Residents: \$6 / CRC Member: \$5

Non Resident: \$7 / CRC Member: \$6

Adult Aquatics

WATER SAFETY INSTRUCTOR

Be certified to teach swim lessons for that perfect summer job! The goal of the Water Safety Instructor course is to train instructor candidates to teach the six levels of the Learn to Swim Program; the Basic Water Rescue course and the Parent & Child Aquatics program; and for eligible individuals, the Safety Training for Swim Coaches course.

Pre-requisites: 16 yrs of age and able to pass the swimming pre-test, which consists of swimming 25 yards of the following strokes: front crawl, back crawl, breaststroke, sidestroke, elementary backstroke, and butterfly (15 yards).

Classes will start in early March. Please call 408-782-2134 x 701 for exact dates/ times or email jolie.hunter@morganhill.ca.gov

AQUATICS TRIATHLON TRAINING PROGRAM

This program is designed for swimmers looking to improve their competitive swimming skills for participation in swim meets, open water races, or triathlons. Those participating will receive coached instruction during scheduled swim times at the Morgan Hill Aquatics Center. This program is not a swim lesson program, but is for intermediate/advanced swimmers looking to strengthen their skills. Coached workouts are scheduled throughout the week at various times. Contact the Aquatics Center for the current schedule.

Instructor: Tim Thornton

Location: Morgan Hill Aquatics Center

Monthly Fee for CRC Member: \$25

Daily Drop in fee: \$14 Resident / \$15 Non-resident

RED CROSS LIFEGUARDING CLASS

Classes are designed to provide the skills necessary to be an effective pool lifeguard. Training includes CPR for the Professional Rescuer, Standard First Aid and Lifeguard Training. Students must pass a basic swim test on the first day of class. Passing of class does not guarantee a position with the City of Morgan Hill. Proper bathing suit is required. For more information, please call Jolie Hunter at 408-782-2134 ext 701.

Instructor: City of Morgan Hill certified staff

Location: Morgan Hill Aquatics Center

| Activity # | Date | Day | Time | Age | Sessions |
|------------|-------------|-------|---------|--------|----------|
| 5540.101 | 2/15 - 2/19 | M - F | 9am-5pm | 15yrs+ | 5 |
| 5540.102 | 4/5 - 4/9 | M - F | 9am-5pm | 15yrs+ | 5 |

Resident: \$175/ CRC Member: \$170

Non Resident: \$180/ CRC Member: \$175

PRIVATE SWIM LESSONS

See page 17 of Aquatics Section for details and schedules

GROUP SWIM LESSONS

See page 18 in Aquatics Section for details.

DIVE-IN MOVIE

Forget about sitting in a movie theater when you can hang out at the CRC for a movie. Come join us for our special Family Dive-In Movie and watch the movie poolside.

Location: Centennial Recreation Center, Pool

| | |
|----------------------|--|
| Saturday February 27 | 7:00-10:00pm Movie: "Cars" |
| Saturday March 27 | 7:00-10:00pm Movie: "Ice Age Dawn of the Dinosaurs" |
| Saturday April 24 | 7:00-10:00pm Movie: "Up" |

Members FREE

Non-Members pay regular day pass fee

(Resident: Adult \$9, Youth \$5; Non-Resident: Adult \$10, Youth \$7)



Look for this starburst
through out the
Recreation Guide to find

FREE CLASSES
with your CRC membership.

ADULT